

## Playing Regulations 2024/2025 **BASKETBALL**

### Rule modification

The following articles have been abrogated, amended or added:

#### 8. Awards (added)

All modifications are indicated in red.

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## 1. Rules and Regulations

The playing rules and regulations are those of International Basketball Federation (FIBA) and the U SPORTS Basketball Playing Regulations, most recent editions, with the following exceptions, additions and particularities:

### 1.1. Floor Map and Team Benches

The team benches and scoring table set-up (number of chairs, location, staff distribution, etc.) is based on the sport complex and host institution particularities.

Team benches' attribution is based on the host institution's tradition.

### 1.2. Warm-Up and Pre-Game Protocol

The duration of the warm-up is not subject to the FIBA pre-game and half-time protocols.

Men's team can access the court only when both women's teams have left the court. A minimum 20 minute warm-up period must be given to the men's teams.

The standard pre-game protocol is the following and any modifications must be communicated with the RSEQ office via email at the latest seven (7) days prior to the game:

- The standard ceremony cannot exceed five (5) minutes;
- The ceremony must end three (3) minutes before the beginning of the game.

The scenario for a special ceremony must:

- Be approved by the RSEQ office beforehand;
- Not exceed 10 minutes;
- End three (3) minutes before the beginning of the game;
- Be communicated to the CPA (provincial officiating committee) and the visiting team at least four (4) days prior to the game.

At half-time, the court must be clear and accessible when the clock indicates that there are six (6) minutes and 30 seconds left.

### 1.3. Official Game Ball

The official game ball is the one used for the U SPORTS Championship: the Wilson B0511x for women (size 6) and the Wilson B0510x for men (size 7).

## 2. Eligibility

Eligibility rules in use are those of U SPORTS and the RSEQ University Sector, most recent editions.

## 3. Competition

### 3.1. Team Complement

Teams may dress up to a maximum of fourteen (14) players for warm-up, but only twelve (12) players' names may appear on the official score sheet and participate in the game. There is no limitation regarding the support staff.

### 3.2. League Format

Each team plays against each other four (4) times for a total of a sixteen (16) game regular season schedule.

### 3.3. Championship

The top four (4) teams in the standings following regular season play advance to the RSEQ championship according to the format below:

Semifinals 1	4 <sup>th</sup>	vs	1 <sup>st</sup>
Semifinals 2	3 <sup>rd</sup>	vs	2 <sup>nd</sup>
Final	Lowest remaining seed	vs	Highest remaining seed

The games are hosted by the best regular season seeded team. The semi-finals and finals are played on the next Wednesday and Saturday respectively immediately following regular season play.

## 4. Scoring

### 4.1. Standings

Points are allotted as below:

- Two (2) points for a win;
- Zero (0) point for a loss.

### 4.2. Tie Breaking Procedure

The tie breaking procedures in use are those of the RSEQ University Sector Rules, most recent edition.

## 5. Host Institution's Responsibilities

The host institution's responsibilities are as defined in the latest edition of the RSEQ university sector's rules, with the following exceptions, additions, and particularities:

### 5.1. Minor Officials, Game Staff and Responsibilities

For each home game, schedule a competent and trained staff made up of:

- One (1) statistician;
- One (1) announcer;
- One (1) score keeper;
- One (1) game clock operator;
- One (1) 24-second clock operator;
- One (1) video operator.

. The gym must be available one (1) hour prior to the game. The host institution must also provide 12 official balls for pre-game and halftime warm-ups.

A private room with showers, towels and water bottles must be made available for referees minimum one (1) hour prior to the game. A second room must be made available for women officials, if needed.

During and after the game, provide five (5) towels and one water cooler for the visiting team's bench. Disposable cups will no longer be offered to teams.

Provide the visiting team with 16 beverages and 16 towels (with security deposit), after the game.

## 5.2. Medical Services

Medical services required are as defined in the latest editions of the national/provincial sport federation and the RSEQ university sector's rules, with the following exceptions, additions and particularities:

- A (1) certified first aid respondent must be in attendance at each game.

## 5.3. Game Statistics and Post-Game Requirements

All host teams are expected to follow the accepted procedure as described in the document to that effect.

Game statistics must be shared with coaches at half-time. It is to the host institution's discretion to give out statistics after the 1st and 3rd quarters.

## 5.4. Video Recording and Sharing

### 5.4.1. Technical requirements, shot/angle of view

- A shot of the scoreboard must be taken at each timeout, after each quarter, at halftime and at the end of the game;
- **Wide shot:** the recording must include all the players on the field;
- The video operator should avoid filming non-playing periods (warm-up, pre-game ceremony, half-time, etc.);
- The recording must include the entire match including the handshake at the end of the match.
- The recording should continue until the players leave the court.

### 5.4.2. Video Exchange Platform

All schools must use the Synergy exchange system to upload video of their respective regular season and playoff home games.

### 5.4.3. Timeline

- All match films must be uploaded no later than 2 hours after the end of the match;
- The host institution must be able to transfer a copy of the game to the visiting team on a USB stick immediately after the game. The visiting team is responsible for providing its USB key;
- All regular season and championship games shall be available for download to all members and officials via the agreed upon online exchange system;
- Film transfers must be done normally even if one of the teams does not play the following weekend;
- Film transfers before the first game of the regular schedule must be agreed upon by the teams involved.

### 5.4.4. Penalties If Technical Requirements/Timetable Not Met

Sanctions are as defined in the RSEQ University Sector Rules, most recent edition, with the following exceptions, particularities and additions:

- In the event of a problem, it is the responsibility of the institution to contact the teams involved and the Commissioner.

## 6. Officials

The by-laws, policies and procedures pertaining to the officials are those defined in the memorandum of understanding of the provincial sports organisation's referee appendix and the RSEQ University Sector Rules, most recent editions with the following exceptions, additions, and particularities:

- A 4<sup>th</sup> official will be present during the championship games to act as a table convenor and substitute in case of injury;
- - Officials must be present on the court 20 minutes before the beginning of the game.

## 7. Discipline

Issues related to discipline will be handled in accordance with the RSEQ Organizational Policy and University Sector Rules, most recent editions.

## 8. Awards

### 8.1. Championships

	Women	Men
Banner	1	1
Caps	18	18
Gold medals	18	18
Silver medals	18	18
Trophy	1	1

### 8.2. All-Star Teams

The selection of the All-Star teams is done via a coaches' vote as defined in the latest edition of the RSEQ university sector's rules;

- There are two (2) All-Star teams (1<sup>st</sup> and 2<sup>nd</sup>) made up of five (5) student-student-athletes;
- There is one (1) All-Rookie team made up of five (5) student-student-athletes;
- The composition of All-Star teams follows the U SPORTS one.

### 8.3. Individual Awards

The selection of Individual Awards is done via coaches' or administrators' vote as defined in the latest edition of the RSEQ university sector's rules:

- Athlete of the year;
- Rookie of the year;
- Defensive player of the year;
- Coach of the year (Women, Linda Marquis award/ Men, Olga Hrycak award);
- Leadership and community involvement Award;
- Determination, perseverance et courage Award (Women).

**\*Coaches' votes must be sent in no later than 10am on the Monday following the last regular season game.**