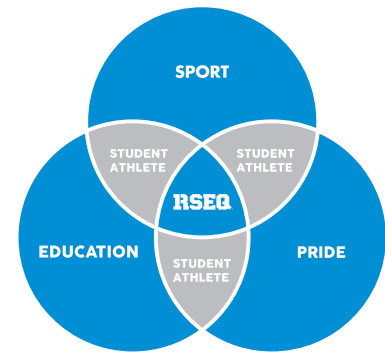




ELEMENTARY SCHOOLS



The ISO-ACTIF school valuing program aims to recognize schools that take action in promoting a healthy and active lifestyle at school.

In order to gain certification, elementary schools are evaluated according to the following criteria:

ISO-ACTIF CRITERIA

SPORT AND PHYSICAL ACTIVITY

1. Time devoted to physical education and health classes.
2. Time devoted to recesses, active breaks, and number of animated activities.
3. Participation numbers and rates in RSEQ sports.
4. Number of activities and sports offered other than those of the RSEQ.
5. Number of activities organized by the RSEQ.
6. Number of activities other than those organized by the RSEQ.
7. The individual evaluation of motor skills.
8. The valuing of sports ethics (3R).

HEALTHY EATING

9. Promoting healthy eating and the development of cooking and nutritional knowledge.

RECOGNITION AND VALUING

10. The recognition and valuing of playing sports and having a healthy lifestyle habits.

The ISO-ACTIF evaluation form must be filled out between December 1 and June 30 of each year at:
<http://isoactif.rseq.ca/plateforme/>

School will earn a level of certification: participation, bronze, silver, and/or excellence and the chance to be eligible for a contest draw to win a **\$500** gift certificate from CATSPORTS towards purchasing sports equipment.
<http://rseq.ca/viesaine/iso-actif/a-propos/>

**Contact your RSEQ regional jurisdiction to obtain
your ISO-ACTIF promotional material.**

A PROJECT FROM:

SPORT. EDUCATION. PRIDE.
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